



MAY 2023

RSU 5 Elementary

School meals are
FREE FOR ALL STUDENTS.
Milk as a standalone purchase
is \$0.65.

Monday

1
Chicken Patty Sandwich or Fish Sticks & Seasoned Potato Wedges
Three Bean Salad
Fresh Veggies & Dip
Fruit & Milk

8
Cheesy Chicken, Bacon & Ranch Flatbread or Fish Sticks & Seasoned Potato Wedges
Fresh Veggies & Dip
Fruit & Milk

15
Oven Roasted Chicken w/ Rice or Mac & Cheese
Buttered Peas
Fresh Veggies & Dip
Fruit & Milk

22
Cheeseburger or Hamburger w/ Seasoned Fries
Buttered Corn
Fresh Veggies & Hummus
Fruit & Milk

29
NO SCHOOL
HOLIDAY

Tuesday

2
Chili with Cornbread or Chicken Salad Sandwich w/ Chips
Buttered Corn
Fresh Veggies & Dip
Fruit & Milk

9
BREAKFAST FOR LUNCH!
French Toast & Sausage or Egg & Cheese Breakfast Sandwich
Breakfast Potatoes
Fresh Veggies & Hummus
Fruit & Milk

16
Fish Sticks and Potato Wedges or Ham & Cheese Toasty Roll & Chips
Buttered Corn
Fresh Veggies & Dip
Fruit & Milk

23
Maine Baked Potato Bar or Chili and Cornbread
Zesty Cole Slaw
Fresh Veggies & Dip
Fruit & Milk

30
Bosco Sticks w/ Marinara or Chicken Caesar Salad w/ a Whole Grain Biscuit
Buttered Corn
Fresh Veggies & Dip
Fruit & Milk

Wednesday

3
EARLY RELEASE
Individual Cheese Pizza or PBJ (Ham & Cheese @ MLS), Fresh Veggies & Fruit and Milk

10
Whole Grain Pasta w/ Meat Sauce or Marinara
Caesar Salad
Fresh Veggies & Hummus
Fruit & Milk

17
Whole Grain Pasta w/ Chicken & Alfredo or Plain Alfredo
Buttered Broccoli & Coleslaw
Fresh Veggies & Hummus
Fruit & Milk

24
American Chop Suey or Chicken Caesar Salad w/ a Breadstick
Buttered Carrots
Fresh Veggies & Dip
Fruit & Milk

31
Creamy Mac & Cheese or Tuna Salad Roll w/ Chips
Buttered Broccoli
Fresh Veggies & Dip
Fruit & Milk

Thursday

4
Sloppy Joe or Pulled Pork Roll
New England Baked Beans
Zesty Cole Slaw
Fresh Veggies & Dip
Fruit & Milk

11
Hot Dog on a Bun or Turkey Salad Flatbread w/ Baked Beans and Coleslaw
Fresh Veggies & Dip
Fruit & Milk

18
Teriyaki Chicken Dippers
Veggie Fried Rice & Eggroll or Tuna Roll w/ Chips
Buttered Peas
Fresh Veggies & Dip
Fruit & Milk

25
Mini Turkey Corndogs w/ Sweet Potato Fries or Turkey & Cheese Sub w/ Chips
Buttered Broccoli
Fresh Veggies & Hummus
Fruit & Milk

Friday

5
Choice of Cheese Pizza or Bacon Pizza or Chef's Choice Sandwich & Chips
Zesty Broccoli Salad
Fresh Veggies & Hummus
Fruit & Milk

12
Choice of Cheese Pizza or Pepperoni Pizza or Chef's Choice Sandwich w/ Chips
Creamy Ranch Pasta Salad
Fresh Veggies & Hummus
Fruit & Milk

19
Choice of Cheese Pizza or Bacon Pizza or Chef's Choice Sandwich & Chips
Creamy Potato Salad
Fresh Veggies & Hummus

26
Choice of Cheese Pizza or Pepperoni Pizza or Chef's Choice Sandwich w/ Chips
Creamy Ranch Pasta Salad
Fresh Veggies & Hummus
Fruit & Milk

All lunches come with and entrée, veggies, fruit and milk. A PBJ alternative is always available.

RSU 5 is an equal opportunity provider and employer.

RSU 5 reserves the right to substitute menus due to supply shortages, but we will every effort to provide a similar alternative whenever possible.