



FEBRUARY 2023

RSU 5 Elementary

School meals are
FREE FOR ALL STUDENTS.
Milk as a standalone purchase
is \$0.65.

Monday



Tuesday

Wednesday

Thursday

Friday

1

Chicken Parmesan w/ Pasta or
Egg Salad Sandwich w/ Chips
Caesar Salad
Fresh Veggies & Hummus
Fruit & Milk

2

Homemade Shepherd's Pie w/ a
Roll or Fish Sticks & Fries
Buttered Green Beans
Fresh Veggies & Hummus
Fruit & Milk

3

NO SCHOOL:
Professional Development Day

6

WG Popcorn Chicken & Fries or
Ham & Cheese Italian w/ Chips
Buttered Peas
Creamy Coleslaw
Fresh Veggie Bar & Dip

7

BREAKFAST FOR LUNCH!

Cinnamon Swirl French Toast or
Scrambled Eggs and Sausage
Maine Breakfast Potatoes
Fresh Veggies & Hummus
Fruit & Milk

8

Chicken Patty Sandwich
or Crispy Fish Sandwich
Sweet Potato Fries
Buttered Carrots
Fresh Veggies & Dip
Fruit & Milk

9

Bosco Sticks w/ Sauce or
Chicken Caesar Salad w/ a
Breadstick
Buttered Corn
Fresh Veggies & Dip
Fruit & Milk

10

Choice of Cheese Pizza or
Bacon Pizza
Zesty Veggie Pasta Salad
Fresh Veggies & Hummus
Fruit & Milk

13

Zesty Chicken Bacon & Ranch
Flatbread with Cheese Flatbread
or
Tuna & Veggie Wrap
Veggie Bar & Dip
Fresh Fruit & Milk

14

Maine Baked Potato Bar w/ Chili
Con Carne or Broccoli & Cheese
or Ham & Cheese Toasty Sand-
wich w/ Chips

Fresh Veggies, Fruit & Milk
VALENTINE'S SPECIAL DESSERT!

15

Asian Veggie Fried Rice with
Tangy Orange Chicken Bites
Glazed Carrots
Veggie Bar & Dip
Fresh Fruit & Milk

16

Grilled Cheese or Tuna Sand-
wich Roll w/ Creamy Tomato
Soup and Goldfish Crackers
Crunchy Carrot & Raisin Slaw
Veggies, Fruit & Milk

17

Choice of Cheese Pizza or
Pepperoni Pizza
Creamy Ranch Pasta Salad
Fresh Veggies & Hummus
Fruit & Milk

20

NO SCHOOL:
Holiday

21

NO SCHOOL:
Vacation

22

NO SCHOOL:
Vacation

23

NO SCHOOL:
Vacation

24

NO SCHOOL:
Vacation

27

Bosco Sticks w/ Sauce or
Chicken Caesar Salad w/ a
Breadstick
Buttered Corn
Fresh Veggies & Dip
Fruit & Milk

28

WG Chicken & Waffles with
Maine Blueberry & Maple Syrup
Crispy Hash Browns
Fresh Veggies & Dip
Fruit & Milk



All lunches come with and entrée, veggies, fruit and milk. A PBJ alternative is always available.

RSU 5 is an equal opportunity provider and employer.

RSU 5 reserves the right to substitute menus due to supply shortages, but we will every effort to provide a similar alternative whenever possible.