

 **BREAKFAST**

RSU 5 is an equal opportunity provider and employer.

# OCTOBER 2021

RSU 5 Elementary

School meals are  
**FREE FOR ALL STUDENTS.**  
Milk as a standalone purchase  
is \$0.65.

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**4**  
Cheesy Omelet or  
Choice of Cereal  
Fruit, Juice and Milk

**5**  
Assorted Muffins or  
Choice of Cereal, Fruit, Juice  
and Milk

**6**  
Bagels and Cream Cheese or  
Choice of  
Cereal, Fruit, Juice and Milk

**7**  
Fruit Churros or  
Choice of Cereal, Fruit, Juice  
and Milk

**1**  
Chef's Choice

**11**  
NO SCHOOL  
Holiday

**12**  
Whole Grain Breakfast Bar or  
Yogurt Cup and Granola  
Fruit, Juice and Milk

**13**  
Bacon Cheese Breakfast  
Pizza or  
Choice of Cereals  
Fruit, Juice and Milk

**14**  
Yogurt and Granola or  
Choice of Cereal, Fruit, Juice  
and Milk

**8**  
NO SCHOOL:  
Professional Learning Day

**15**  
Chef's Choice

**18**  
Bagels and Cream Cheese or  
Choice of  
Cereal, Fruit, Juice and Milk

**19**  
Sausage Breakfast Flatbread  
or Choice of Cereals  
Fruit, Juice and Milk

**20**  
Waffle Sticks with Syrup  
or Choice of Cereals  
Fruit, Juice and Milk

**21**  
Cheesy Omelet or  
Choice of Cereal  
Fruit, Juice and Milk

**22**  
Chef's Choice

**25**  
Whole Grain Breakfast Bar or  
Yogurt Cup and Granola  
Fruit, Juice and Milk

**26**  
Assorted Muffins or Choice of  
Cereal, Fruit, Juice and Milk

**27**  
Bagels and Cream Cheese or  
Choice of  
Cereal, Fruit, Juice and Milk

**28**  
Bacon Cheese Breakfast  
Pizza or  
Choice of Cereals  
Fruit, Juice and Milk

**29**  
Chef's Choice

