


**BREAKFAST**

RSU 5 is an equal opportunity provider and employer

# NOVEMBER 2021

RSU 5 Elementary

 School meals are  
**FREE FOR ALL STUDENTS.**  
 Milk as a standalone purchase  
 is \$0.65.

**Monday**
**Tuesday**
**Wednesday**
**Thursday**
**Friday**

**1**  
 French Toast Sticks or  
 Choice of Cereal  
 Fruit, Juice and Milk

**2**  
 Egg and Cheese Sandwich  
 English Muffin or  
 Choice of Cereal  
 Fruit, Juice and Milk

**3**  
 Pancake Poppers or  
 Choice of Cereal  
 Fruit, Juice and Milk

**4**  
 Bacon and Cheese Breakfast  
 Pizza or Choice of Cereal  
 Fruit, Juice and Milk

**5**  
 Yogurt and Granola or  
 Choice of Cereal  
 Fruit, Juice and Milk

**8**  
 Cheesy Omelet or  
 Choice of Cereal  
 Fruit, Juice and Milk

**9**  
 Assorted Muffins or  
 Choice of Cereal, Fruit, Juice  
 and Milk

**10**  
 Chef's Choice

**11**  
 NO SCHOOL:  
 Holiday

**12**  
 NO SCHOOL:  
 Professional Learning Day

**15**  
 Waffle Sticks with Syrup  
 or Choice of Cereals  
 Fruit, Juice and Milk

**16**  
 Sausage Breakfast Flatbread  
 or Choice of Cereals  
 Fruit, Juice and Milk

**17**  
 Whole Grain Breakfast Bar or  
 Yogurt Cup and Granola  
 Fruit, Juice and Milk

**18**  
 Bagels and Cream Cheese or  
 Choice of  
 Cereal, Fruit, Juice and Milk

**19**  
 Chef's Choice

**22**  
 Chef's Choice

**23**  
 Chef's Choice

**24**  
 NO SCHOOL:  
 Professional Compensation  
 Day

**25**  
 NO SCHOOL:  
 Holiday

**26**  
 NO SCHOOL:  
 Vacation

**29**  
 Assorted Muffins or  
 Choice of Cereal, Fruit, Juice  
 and Milk

**30**  
 Yogurt and Granola or  
 Choice of Cereal  
 Fruit, Juice and Milk

