



MAY 2019

RSU5 Elementary Menu

Lunch Meal Prices
Paid: \$2.65
Reduced: \$0.40
Adult: \$4.50
Milk/Juice: \$0.60

Monday

Tuesday

Wednesday

Thursday

Friday



6

Choice of Cheeseburger or Crispy Chicken Sandwich
Buttered Carrots
Salad Bar
Fruit

13

Salisbury Steak
Mashed Potatoes & Gravy
Warm Dinner Roll
Buttered Broccoli
Salad Bar & Fruit

20

Meatball Marinara Sub or Crispy Fish Sticks
Steamed Broccoli
Salad Bar
Fruit

27

Holiday:
NO SCHOOL

7

Homemade Chicken & Broccoli Alfredo or Fish Sticks & Fries
Caesar Salad
Veggie Bar with Hummus & Dips
Maine Apples

14

Beef Chili w/ Tortilla Chips or Chicken Caesar Salad w/ a Roll
Veggie Medley
Salad Bar
Fruit

21

Choice of Chicken or Cheese Quesadillas with all the Fixings
Mexican Rice
Buttered Corn
Salad Bar and Fruit

28

Chicken Nuggets & Potato Wedges or Tuna Salad Sandwich
Sweet Potato Tots
Salad Bar
Fruit

1

Grilled Cheese or Grilled Ham and Cheese
Herbed Tomato Soup
Creamy Cole Slaw
Veggie Bar with Hummus
Apples

8

Early Release Day:
Choice of Bagged Lunch

15

Bosco Sticks w/ Sauce or Turkey & Cheese Sub with Chips
Buttered Peas
Salad Bar
Fruit

22

Spaghetti w/ Meatballs or Marinara Sauce or Fish Sandwich
Buttered Carrots and Peas
Salad Bar
Fruit

29

Cinnamon French Toast
Sausage Links
Hash Brown Patty
Veggies and Hummus
Fruit

2

Chicken Nuggets & Potato Wedges or Tuna Roll w/ Chips
Buttered Broccoli
Salad Bar
Fruit

9

Cinnamon French Toast
Sausage Links
Hash Brown Patty
Veggies and Hummus
Fruit

16

Choice of Creamy Mac & Cheese or Hot Dog in a Bun & Baked Beans
House-Roasted Herbed Tomatoes
Veggie Bar with Hummus & Dips
Fruit

23

Choice of Cheeseburger or Crispy Chicken Sandwich
Buttered Carrots
Caesar Salad
Veggie Bar & Fruit

30

Roast Turkey Dinner
Mashed Potatoes & Gravy
Warm Dinner Rolls
Buttered Green Beans
Salad Bar & Fruit

3

PIZZA DAY:
Choice of Pepperoni or Cheese
Smiley Fries
Fruit & Veggie Bar w/ Hummus

10

PIZZA DAY: Choice of Meat Lovers, Veggie or Cheese
Pasta and Veggie Salad
Fruit & Veggie Bar w/ Hummus

17

PIZZA DAY:
Choice of Pepperoni or Cheese
Curly Fries
Fruit & Veggie Bar w/ Hummus

24

PIZZA DAY:
Choice of Pepperoni or Cheese
Smiley Fries
Fruit & Veggie Bar w/ Hummus

31

PIZZA DAY: Choice of Meat Lovers, Veggie or Cheese
Pasta and Veggie Salad
Fruit & Veggie Bar w/ Hummus

Apply online for Free or Reduced Meals at rsu5.heartlandapps.com. RSU5's SNP is an equal opportunity provider and employer.

