

TIGER TALES

November 20, 2020



JOIN THE **LAUGH & LEARN** FAMILY!

Hello, Friends. With the recent modifications to the in-person education cohorts ("hybrid-plus" and also the expansion of the instructional week for other students), it's likely that there are families in the RSU5 community who are in need of before- and/or afterschool care for their children. I'm writing today to let you know that we've got room for additional students in our DCS, MLS, and MSS Laugh & Learn childcare centers.

- Before care operates from 7:00-8:30am each school day.
- Aftercare operates from the end of the school day until 5:30pm each school day.
- Both services are offered at Durham, Mast Landing, and Morse Street Schools.

If you'd like to register for one or more of our programs, you can download and print a registration form [here](#). If you'd like to learn more about Laugh & Learn, you can [read](#) about our philosophy on our Community Programs page or [email](#) Childhood Education Coordinator Leah Campbell. You can also reach her by phone at 207-865-6171 x326.

We hope to see you in Laugh & Learn!

MARK THIS ON YOUR
CALENDAR

REMINDER:

There is no school
November 25-27
for Thanksgiving Break!



A Couple of Reminders:

- It is very important that you please complete your child's health screening before your child arrives at school each day.
- For safety reasons only families with pre-kindergarten children are able to drop off in the upper parking lot. All other families please use the main parking lot.
- With the cooler weather coming please remember to send in warm clothes for your child for outdoor classroom and recess time.

Thank you for your continued patience and understanding.

WRITING CLUB

Join the Writing Club for 4th-8th grade writers!

1st session 6 weeks
December 7th - January 25th
Mondays 3:20-4:30 pm
(no class on 1/18)
Mrs. Hogan's room (Room 107)

Sign up forms are available from your teachers,
outside the office, or from Mrs. Hogan
Forms are due on Tuesday, November 24th
Contact Mrs. Hogan for additional information

"WRITING
IS THE
PAINTING
OF THE
VOICE!"
VOLTAIRE

TRAVEL GUIDELINES



A message from the **SCHOOL NURSE**

With the upcoming holidays approaching we wanted to make sure you were aware of the most up to date travel guidelines for the State of Maine.

Effective Monday, November 16, New Hampshire, and Vermont are the only exempt states on the State of Maine travel list. If you travel to these states, students may return to school without any further action.

If your student is traveling to a non-exempt state they must either quarantine for 14 days upon returning to Maine or provide a negative COVID swab.

If you do plan on traveling or have questions about returning to school after traveling please contact our school nurse, Kim Gormely at 353-8249 or via email at gormelyk@rsu5.org

Hello DCS Families,

First, I want to thank you all for working so hard to keep your children healthy. With cold weather and the holidays coming up and just entering into the yearly flu season, it will take even more work. There are some things you and your family can do to help strengthen your immune system. It is important to eat well, especially fruits and vegetables, hydrate, get a good balance of rest and exercise. Please read the following information from the CDC for ideas on how to best celebrate **Thanksgiving this year.**

Lower risk activities

- Having a small dinner with only people who live in your household
- Preparing traditional family recipes for family and neighbors, especially those at higher risk of severe illness from COVID-19, and delivering them in a way that doesn't involve contact with others
- Having a virtual dinner and sharing recipes with friends and family
- Shopping online rather than in person on the days after Thanksgiving
- Watching sports events, parades, and movies from home

Moderate risk activities

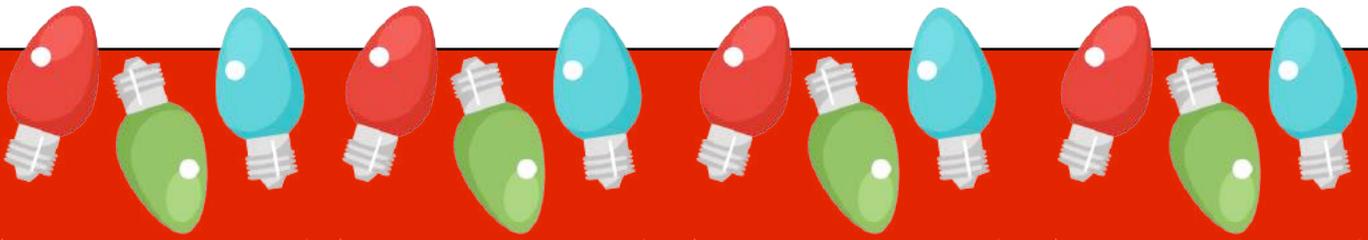
- Having a small outdoor dinner with family and friends who live in your community
 - Lower your risk by following CDC's recommendations on hosting gatherings or cook-outs.
- Meeting up with family at a park or woods path and catching up with them while walking or hiking. Diligently wear masks and maintain social distancing
- Attending a small outdoor sports event or outdoor game night with safety precautions in place

Higher risk activities

Avoid these higher risk activities to help prevent the spread of the virus that causes COVID-19:

- Going shopping in crowded stores just before, on, or after Thanksgiving
- Participating or being a spectator at a crowded race
- Attending crowded parades
- Attending large indoor gatherings with people from outside of your household





DCS Annual Pasta Drive 2020!
Monday 11-16-20 - Tuesday 11-24-20
NO GLASS Please!

With Thanksgiving coming up we have a lot to be thankful for. Starting next week we will be collecting Pasta and Sauce for our annual Pasta Pass. Please help us by bringing in dry pasta and cans of sauce to help people in need, and support our local food pantry, LACO. Our donations give the food pantry a year's worth of pasta for our community. This year more than ever they need our help. Please help us support our community by donating. We will be collecting our items in our classrooms/ advisories this year.

