



**RSU No. 5 Durham – Freeport – Pownal
Health Services Team**

STUDENT HEALTH REQUIREMENTS

Routine medical care is an important part of insuring that your child is healthy and able to participate to the best of his/her ability in the academic program and classroom activities of their school day, along with a strenuous physical education program, co-curricular activities, and interscholastic sports.

Students entering **Preschool, Kindergarten, 3rd, 6th, 9th Grade, and Transfers** are required to provide:

1. A copy of the current **IMMUNIZATION RECORD** - from their physician.
2. The **STUDENT PHYSICAL EXAM Form** - must be completed and signed by the physician. This physical form will also cover students participating in the interscholastic sports program. Transfer Students may show evidence of a Physical Exam completed within the past year.
3. The **STUDENT HEALTH HISTORY Form** - must be completed by the parent/guardian; and it is also required to be updated annually by the student's parent/guardian.

Students who are unable to meet this requirement because of financial, religious, or other considerations, are asked to contact the School Nurse.

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RSU No. 5 SCHOOL NURSES have the Maine DOE Certification to work as a School Nurse