

FEBRUARY 2019

RSU 5 Elementary Menu

Lunch Meal Prices
Paid: \$2.65
Reduced: \$0.40
Adult: \$4.50
Milk/Juice: \$0.60

Monday

Tuesday

Wednesday

Thursday

Friday

1 |

Pizza Day: Choice of Bacon or Cheese Creamy Coleslaw Veggies and Dip

Fruit

4

Choice of Creamy Mac & Cheese or Hot Dog in a Bun & Baked Beans House-Roasted Herbed Tomatoes Veggie Bar with Hummus & Dips Fruit

Pancakes or Cheesy Omelet with Sausage Links Crispy Sweet Potato Tots Veggie Bar with Hummus & Dips Fruit Medlev Cheesy Chicken & Veggie Fajitas or Chili and a Roll Tex-Mex Rice Buttered Corn Salad Bar & Fruit Spaghetti & Meatballs or Marinara or Crispy Chicken Sandwich Caesar Salad Veggie Bar Fruit 8

Choice or Pizza or Chicken Salad Sub w/ Chips Creamy Pasta and Veggie Salad Salad Bar Fruit

11

Grilled Cheese or Cheeseburger
Herbed Tomato Soup
Creamy Cole Slaw
Salad Bar
Fruit

Homemade Shepherd's Pie with a Biscuit or Fish Filet Sandwich Steamed Broccoli Veggie Bar with Hummus Fruit Teriyaki Chicken & Veg w/ an Eggroll or BBQ Pulled Pork Sandwich Buttered Carrots Veggie Bar with Hummus Fruit Baked Chicken Cordon Bleu w/ Rice Pilaf & a Roll or Tuna Salad Sand. Buttered Garden Peas Caesar Salad

Fruit

EARLY RELEASE

Bagged Lunch: Ham & Cheese or Peanut Butter & Jelly Fruit, Veggies & Milk

Please send order form in.

18

VACATION: No School VACATION: No School

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25

Choice of Beef, Chili or Cheese Nachos with all the Fixings Mexican Rice Buttered Corn Salad Bar and Fruit 26

Roast Turkey Dinner Mashed Potatoes & Gravy Warm Dinner Rolls Buttered Green Beans Salad Bar & Fruit 27

20

Salisbury Steak w/ Gravy Baked Potato Bar w/ Fixings Buttered Carrots Salad Bar Fruit and a COOKIE! 28

American Chop Suey or Tuna Salad Sub & Chips Steamed Green Beans Salad Bar Fruit \sim

Apply online for Free or Reduced Meals at rsu5.heartlandapps.com. RSU5's SNP is an equal opportunity provider and employer.



