

FREEPORT MIDDLE SCHOOL

LUNCH MENU

SOUP DAY

MONDAY

Homemade Chicken Pot Pie
Crispy Chicken Sandwich
Bosco Sticks w/ Sauce

SOUP DAY

TUESDAY

Taco Bar with all the Fixings
Baked Potato Bar
Haddock Sandwich

SOUP DAY

WEDNESDAY

Spaghetti w/ Meat Sauce or Marinara
Assorted Pizzas
Burgers

THURSDAY

Homemade Shepherd's Pie
BBQ Chicken Sub
Mini Corn Dogs & Boston Baked Beans

FRIDAY

American Chop Suey w/ a Roll
French Toast & Sausage Platter
Spicy Chicken Sandwich

RSU5'S NUTRITION PROGRAM IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.

For questions about this program, your student's account, or for information about reduced price meals, please contact Erin Dow, Nutrition Director at 207-865-0928 x 4 or dowe@rsu5.org.

APRIL

BBQ Menu



EVERY DAY

Choose from the following options in addition to the daily specials listed to the left.

-Assorted Cold Sandwiches

-A Full & Fresh Garden Veggie and Fruit Bar, Dried Fruit

-Large Yogurt and Fruit Parfaits with Honey Granola for Lunch

-Garden Veggie Burgers...try our Spicy Mayo!

PRICING:

Full Price Student Lunch: \$2.90
Reduced Price Student Lunch: \$0.40
Adult Lunch: \$4.50
Milk a la carte: \$0.60

A la carte items such as chips and snacks are available to purchase only if student lunch account is in good standing.

